

Teaching fee : 390 €.

Registration : *Rules of registration is based on "first paid, first registered".*

Deposit of 250 € (if already student of the school in 2013-2014) **or 265 €** (out of which 15 € for annual subscription to Yogadhama school). Final payment of 140 € to be made during the course.

Payments have to be made by cheque if from France **or by bank transfer for all payments from abroad (we can only accept bank transfers in this case).** Bank details sent when you register.

Conditions of reimbursement :

In case of withdrawal more than 2 months before the start of the course, money will be refunded, except 80 €. If you cancel within 2 months before the start of the course, the deposit money will be kept.

Accommodation 2013 tariffs : price full board from **43,50 €** to **57,50 €** price per person per day. Documentation will be sent when you register.

REGISTRATION FORM

To be sent to **Nathalie ANTHONY**
LES COPIES 48330 ST-ETIENNE-VALLEE-FSE
FRANCE

00 33 (0)4 66 45 71 36 – 00 33 (0)6 61 39 40 23

SURNAME : First name :

address :

Landline and mobile :

Email address :

I register for the course from August 25th to 31 th 2014

I pay deposit by cheque or bank transfer (compulsory for payments from abroad) **to YOGADHAMA.**

Date :

Signature :

YOGADHAMA Summer Course 2014 in France



THE YOGIC TRADITION OF KAIVALYADHAMA

at Saint-Antoine-l'Abbaye
from August 25th 3 p.m.
to August 31th 3 p.m.

THE TRADITION OF KAIVALYADHAMA ASANAS, PRANAYAMA, TEXTS

KAIVALYADHAMA is one of the oldest centres for the study and research of Yoga. Founded at the beginning of the XXth century by Swami KUNJALAYANANDA, it has carried on, up to the present day, the spirit of authenticity which prevailed at its foundation.

Sudhir TIWARI, the son of Sri O.P. TIWARI, was brought up in Kaivalyadhama amidst rich traditional yogic heritage. He followed his father's teachings. He was also trained in the two sciences of Yoga and Ayurveda by Swami DIGAMBARJI, Swami KUNJALAYANANDA's first disciple.

Nathalie ANTHONY has been a direct student of Sri O.P. TIWARI for the last 25 years. She translated his teachings over 20 years and has been his assistant during workshops and training sessions in France and in India.

They both belong to the International Network of KAIVALYADHAMA teachers.

During our week, we will approach all the aspects of the Yoga tradition handed down by KAIVALYADHAMA. We will also study the link between YOGA and AYURVEDA, traditional medicine, with regard to the practice in the daily life of each participant, their energetic constitution and the food suitable for them.

Further information and detailed biographies on

Internet website : <http://www.yogadhama.com>

SAINT-ANTOINE-L'ABBAYE A beautiful old French village

For several years our courses have taken place at the Abbey of Saint-Antoine near VALENCE. We are given a competent and warm welcome by the "Communauté de l'Arche", created by Lanza del Vasto after he met Gandhi and Vinobha in 1948. The spirit of the community, which promotes non-violence, is particularly in keeping with our approach and allows our week to take place in a particularly serene and joyful atmosphere.

The very beautiful medieval village of Saint-Antoine-l'Abbaye has been a centre of pilgrimage and healing for thousands of years and it diffuses a very noticeable energy which is favourable to our well-being and to our practices.

Vegetarian food coming directly from a large organic vegetable garden.

